



Preoperative Checklist Consent

- I have read and fully understand my patient instructions and consent for surgery.
- I have been instructed regarding nothing to eat or drink by mouth at least 8 hours prior to surgery.
- I agree to remain in the Birmingham metropolitan area (within 30 minutes of Dr. Hedden's office) until the morning after surgery.
- I have arranged for a responsible adult to accompany me from the clinic after surgery and to remain with me until the morning after surgery.
- I have arranged for transportation to the clinic the morning after surgery and I will return for my follow up examination.
- I understand that I cannot drive a car or operate any type of machinery for the first 24 hours after sedation or general anesthesia.
- I understand that I should not drink alcohol for 24 hours after sedation or anesthesia or while taking my pain medications.
- I will notify Dr. Hedden immediately if any unexpected bleeding, high fever, difficulty breathing, or severe pain occurs after discharge from the clinic.
- I understand that if a serious medical condition or complication occurs during or after my surgery that Dr. Hedden may admit me to a hospital for treatment if he believes it is in my best interest.
- I have been instructed regarding any special garments that I will need following my surgical procedure such as a sports bra.
- I understand that I am not to take as aspirin or aspirin products and may only have Tylenol two weeks prior to surgery and two weeks after surgery

Patient Signature

Date

Witness Signature