

Informed Consent for Medical Needling

1. I have used Environ Original Vitamin A or C-Quence products for 3–6 weeks prior to procedure
2. No guarantee can be given to me as to the condition of my skin or degree of improvement expected following treatment.
3. I understand the multiple treatments and the use of home care products are required to achieve optimal results. I understand that I must follow the home care regime specifically designed for me.
4. I am not pregnant or lactating.
5. If outdoors, I will apply a broad spectrum sunscreen with SPF-15, 30 minutes prior to sun exposure.
6. In rare cases, allergies or sensitivities have been reported to products used during treatments.
7. I understand that the following are contra-indications (should not be used) for the use of Medical Needling:
 - Infected skin disorder; open cuts, wounds, abrasions
 - Cardio vascular disease, must have doctors consent
 - A pace maker is a direct contra-indication
 - Highly anxious patient
 - Epileptic – electrical currents may precipitate an attack
 - Pregnancy – electrical currents might precipitate labor
 - Sunburned or irritated skin
 - Untreated sinusitis – can cause pain in sinus area
 - Numb areas without sensation
 - Diabetes – consent from physician required
 - Porphyria
8. I understand that the following possible side effect and/or risk could occur:
 - * Most people heal without any problems. However, here are some problems that you may encounter: If you are prone to getting fever blisters (herpes simplex) then you might even develop a herpes infection. You will notice that the skin becomes thickened and has a different feel. In fact you should recognize the familiar symptoms of herpes. If so then apply a suitable anti herpetic preparation such as Zovirax® and contact your doctor. You could also use L-Lysine as a prophylactic against herpes. Salicylic acid (Aspirin, Disprin) taken early on will also counteract herpes.
 - * You might notice small white dots appearing on the skin. These might be simple little retention cysts (Milia) or they could be minute infected areas. Carefully but firmly wipe them away and apply an antibiotic lotion. It is a good idea to consult your doctor about this. Do not allow the white dots to remain on the skin and if you are not able to remove them yourself then please consult with your doctor.
 - * If the skin becomes painful and redder, then you may have developed an infection and you must see your doctor at once.
9. All metal jewelry should be removed during treatment. If a ring cannot be easily removed, surgical tape can be used to cover it.

Patient Name (Print Please)

Witness Name (Print Please)

Patient Signature

Date

Witness Signature

Date